

Hvite Fjell Nyheter

Volume 17 Number 3

March

February 25, 2009

Lodge Calendar

March 3 - Lodge Meeting

- 6:00 Board Meeting
6:30 **POTLUCK** Hosted by Naomi Sande and Faith Johnson.
7:00 General Meeting - a brief meeting will be held with the initiation of new members.

Program: Sit back and relax with a cup of coffee (kaffe) as we take a trip to Norway, compliments of Dr. Craig Sande and Gunne Rostow. Craig has made several trips to Norway in recent years and will now share his experiences with us. Craig will talk about his trips as well as show us some pictures of the beauty of Norway. Gunne will speak on the Norwegian oil industry and the economy.

March 21 10am-3pm

Carol Francis from District 6 will moderate a workshop to help us identify ways of attracting, recruiting, and retaining members. Call Barbara Dimmitt for details at (775) 345-6068 or e-mail bdimmitt@hvitefjell.com The location is to be announced. A light lunch will be organized.

April 7 - Lodge Meeting

- 6:00 Board Meeting

7:00 General Meeting and program.

April 25, 26 - Rosmaling

A rosemaling seminar will be held at Camp Norge on April 25th and 26th. Teachers are Julie Anne, Kay White and Cheryl Seath. Registration fee is \$80 and includes meals Saturday breakfast through lunch on Sunday. Room rent or RV rental is additional. Registration form and fee must be mailed to Penny Knudsen. E-mail may not be used. Registration forms may be obtained by contacting Ken or Faith Johnson at (775)747-0934.

April 23, 24, 25 2009 Memorial Day Weekend, Camp Norge

The Recreation Center Board for Camp Norge, Alta, California is sponsoring a 3 day camping experience over the Memorial day week-end. You may bring a tent or RV or you can call the Camp Norge Manager (530) 389-2508 for a room. Meals are available from Saturday breakfast through Monday Breakfast.

Activities include: Saturday, Craft Fair in the Meadow, Explore on your own and Bingo in the evening, Sunday, Horseshoe and other games and later a raffle drawing.

Registration forms may be obtained by contacting Ken or Faith Johnson at (775)747-0934.

There is a Pre-Registration deadline of May 15th so only the correct amount of food is purchased..

Congratulations to Lodge Member Halvdan T. Saethre.

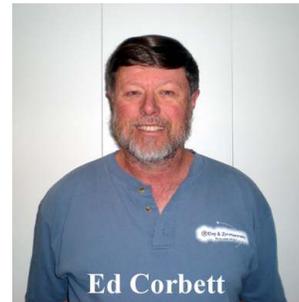
Halvdan has been awarded a Sons of Norway **Golden Membership** by the International Board of Directors for 35 years of long and faithful service to the organization.

New Lodge Members

The Lodge has several new members and here we have pictures of three of the m.



Ron and Vickie Butler



Ed Corbett

Lodge Contact Information

President -Barbara Dimmitt (775) 345-6068
Secretary-Naomi Sande . . (775) 747- 5778
Treasurer-Perralina Palm. . (775) 972-5741
Membership-Jim Bryne. . . (775) 853-5595
Publicity-Barbara Dimmitt. (775) 345-6068
Web Master-DrCraig Sande.(775) 787-7093
The official website of Hvite Fjell Lodge is www.hvitefjell.com



Hvite Fjell Lodge meets at the Oddfellows Hall in Reno at 7:00pm the first Tue of every month except for July, October and December.

Hvite Fjell's telephone number is

(775) 746-1200

Smorgåsbord

The Reno Daughters of Norway will be having their annual Smorgåsbord on May 2nd at 5:00pm. Get your tickets from Perralina Palm or Nancy Maiss.

February Board Minutes

Feb. 2, 2009

The meeting called to order by President Barbara Dimmitt. The minutes of last board meeting were approved as printed in the Nyheter.

The new web-site was discussed and will be up and running. The Treasurer's report given by Perralina Palm. Naomi asked for a detailed copy each month for the Secretary's records.

There will be a pot luck at the March 3 meeting of the lodge. Dr. Craig Sande will present a program regarding his visit to Norway.

The monthly rent for the lodge meeting room is increasing from \$45 per month to \$55. Ken Johnson moved that we pay our rental fee for March, April, May and June. Seconded by Trygve Loken. Passed unanimously.

Carol Frances contacted Barbara and stated she could come one Saturday in March to conduct a seminar on Lodge member retention and recruiting new members.

Two new members, Ron and Vickie Butler, attended their first lodge meeting. They had joined but had never received any information so they decided to come and find out. President Barbara Dimmitt will research why no one followed up and also plan for initiation of all members who have recently joined.

Discussed the possibility of some members attending Norway Day in San Francisco. More information will be available.

Hot August Nights is coming up, Perralina has contacted them. There are changes in who is doing the hiring. Since Perralina will be out of town, John Hylin volunteered to coordinate the lodges role in Hot August Nights.

The Daughters of Norway will have

their Smorgasberg on May 2.

Hot August Nights will be first week in August.

The Multi-cultural Day at the university will be on Saturday, April 5.

Respectfully submitted by
Naomi Sande, Secretary

Good Bedring Get Well Soon

Eileen Bianchi Ellen Hoel
Alf Stousland Ruth Stousland
Billie Watne

Trondheim Today

In the county of Sør Trøndelag where the river Nid flows into the Trondheim fjord, we must admit we are pretty far north, in fact only 500 km from the Polar Circle, but the warm Gulf Stream blesses us with a fairly mild climate. The name Trondheim derives from the old Norse Þrónðheimr, meaning home of the



strong and fertile ones.

First Capital of Norway

The city was founded by Viking King Olav Tryggvason in AD 997, and occupies a special place in Norwegian culture and history. Trondheim was the nation's first capital, and continues to be the coronation city where Norway's Kings from Harald Hårfagre (10th century BC) to King Harald V (1991) have been crowned and blessed. In its history the city was and is now again a popular destination for pilgrimages. Trondheim is also an ecclesiastical center, a regional capital,

a center for industry and commerce, and an important education and research center.

When you visit Trondheim, you will notice:

The river winding slowly around the city's downtown district and the old wharves along the mouth of the river

The majestic Nidaros cathedral

The wide streets

The tall column with the statue of Olav Tryggvason the Viking king in the middle of the town square

The old town bridge ("Gamle Bybro") with its carved gates

The wooden houses in the downtown and Bakklandet districts

Characteristic wooden architecture

After a catastrophic fire in 1681 destroyed most of the houses in the city, Major Jean Caspar de Cicignon was brought to Trondheim (from Luxembourg) to design a new city plan in the Baroque style. The streets were made wide to prevent fires from spreading. Some of the narrow alleys and narrow streets, many originating in the Middle Ages, nevertheless still exist, contrasting with Cicignon's wide boulevards from the 1600s. Even today Trondheim is spoken of as one of the typical wooden cities of Europe, and the city center has many special wooden buildings, some built as far back as the 1700s.

Capital of Technology

Trondheim has a strong position as the center of trade for central Norway. It has around 50 per cent of the regional retail trade and about 85 per cent of the wholesale trade, 85 per cent of imports and 65 per cent of exports. NTNU (the Norwegian University of Science and Technology), Trondheim's internationally renowned university, and the city's many research communities

ensure that it is a city of innovation and development of science, business and industry ventures. Trondheim is truly the nation's technological capital.

Every sixth inhabitant a student

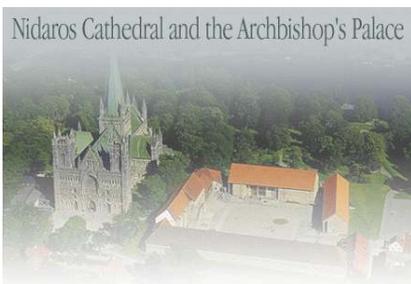
Trondheim is home to around 165,000 inhabitants. But if we count the large number of students (every sixth inhabitant is a student) the population swells to 180,000. The students adds a youthful exuberance to this thousand-year old city. While it is not a large metropolis, Trondheim's location and opportunities put it on an equal footing with the major cities of Europe.

Cultural life

Trondheim has a rich cultural life with an international flavor. Every year at the end of July and start of August the city celebrates St. Olavs Festival, a popular church and cultural festival drawing crowds from near and far.

Nidaros Cathedral

King Olav Haraldsson was buried by Nidelven, the river Nid, after he was killed in the battle of Stiklestad in 1030. Tradition has it that the high Altar of the Cathedral now stands on the exact spot of this burial site. One year and five days after he died the King was declared a saint, and pilgrims began to flock to



Nidaros and the King's grave.

Work on erecting the first stone church at St. Olav's burial site commenced around 1070, and it is assumed that the Cathedral was finished in all its splendor some time around 1300. It was then held to be the most beautiful church in the entire country, which we of course claim it still is! Admittedly, the Cathedral has

undergone a great deal of restoration

work after centuries of decay, but now, after more than 130 years of restoration and rebuilding, we can really appreciate the impression the church must have made on medieval pilgrims.

Today the Cathedral continues to attract a great number of visitors. Each year we receive around 400,000 tourists from around the globe. The Cathedral also serves as the local parish church for inhabitants of downtown Trondheim with divine services given several times each week. Moreover, music recitals in the Cathedral offer sublime listening experiences under the high vaulted arches.

Gratulerer Med Dagen i mars

Faith Johnson. mars 17
Jim Bryn. mars 18
Panela Willmore. mars 18

Norwegian Humor

Ole was terribly overweight, so his doctor put him on a diet. 'I want you to eat regularly for 2 days, then skip a day, and repeat this procedure for 2 weeks. The next time I see you, you should have lost at least 5 pounds.

When Ole returned, he shocked the Doctor by having lost nearly 25 POUNDS! 'Why, that's amazing!' the Doctor said, 'You followed my instructions?'

Ole nodded and said...'I'll tell you though, I taut I was gonna drop dead dat 3rd day.'

From hunger, you mean?

No, yust from all dat skippin'!

Subject: GOLF STORY

Ole was teeing off from the back tees. In the middle of his down-swing, he suddenly realized that his wife, Lena, was about to tee off from the red tees, directly in his path. Unable to stop his down swing he nailed the ball, hit Lena directly in the right temple, killing her instantly. A few days later Ole received a call from the coroner concerning her autopsy. "Ole, your wife seems to have died from blunt force trauma to the head. You said you hit a golf ball and struck her in the temple. Is that correct?"

"Yes sir," Ole replied, "that's correct."

"Well, Ole, I also found a large bruise on Lena's right hip. Do you know anything about that?"

"Yes sir," Ole said, "That was my mulligan."



Ole and Lena were out walking and Ole clutched his heart and fell to the sidewalk. Lena got out her cell phone and called 9-1-1.

The Operator said 'Where are you?'

Lena said, 'We were walking and Ole is on the sidewalk on Eucalyptus Street.'

The operator said, 'How do you spell that?' and the phone seemed to go dead. The operator kept shouting for Lena. She could hear her panting.

When she came back on and she said, 'I dragged him over to Oak Street, that's O-A-K.'



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Sons of Norway
P.O. Box 5497
Reno, NV 89513
Telephone: (775)746-1200

Editor: Ken Johnson
(775)747-0934
e-mail:
kenandfaith@sbcglobal.net

Hvite Fjell Lodge Officers 2008

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Vice-President - Jim Bryn
Secretary - Naomi Sande
Assist. Secretary - Barbara Dimmett
Treasurer - Perralina Palm
Financial Secretary - Trygve Loken
Counselor - Perralina Palm
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Trustee 2 Years - Curt Tang
Trustee 3 Years- Faith Johnson
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Social Director - Carlette Henderson
Musician - Eileen Bianchi
Inner Guard - Andy Anderson
Outer Guard - Mel Gullickson
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Librarian - Connie Anderson.
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Membership - Jim Bryn
Foundation Director - Jim Bryn
Youth Director - Jeni Root
Sports Director - Brian Root
Camp Norge Ambassadors - Brian/Jeni Root

Royal Norwegian Consul General

20 California Street, San Francisco,
CA
(415) 986-0766

Camp Norge

(530) 389-2508
website: www.campnorge.com

District 6 Zone 1 Director

Carl Ingvaldstad
(707) 987-2404
cingvaldst@aol.com

Financial Benefits Counselor

Carl Ingvaldstad
(707) 987-2404

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F I N A N C I A L R E V I E W**

This review provides valuable information relevant to your current financial situation and also helps you plan effectively for the future no matter what

